

Contact Information

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Like us on Facebook - Lets Saddle Up

Website- letssaddleup.org

Let's Saddle Up
is proud to be located
at
Solid Rock Stables
1907 Durbin Road
Fountain Inn, SC 29644

Mission Statement

"Let's Saddle Up" therapeutic horsemanship is a non profit organization. We strive to enhance the lives of children and adults with physical, mental, social, or emotional disabilities through our Veteran's, Silver Stirrups, and Therapeutic Horsemanship programs.



Therapeutic Horsemanship

"Saddle Up
And Follow Your Dreams"



Let's Saddle Up

is a friendly, family oriented riding program that caters to Special Needs Children, Senior Adults, and Veterans. We have safe successful horses for all our riders and provide a fun, encouraging environment. Our instructor is certified in therapeutic riding and equine therapy. We use volunteers with our riders to maintain safety at all times. LSU is a Non-profit therapeutic riding and equine assisted therapy center in Fountain Inn, SC

Our instructor is Sharron Dillard RN . She is Certified for Therapeutic Riding from Path Intl, and Certified in Equine Assisted Therapies from Greg Kersten's-OK Corral.

We Offer:

Therapeutic riding
Therapies with horses
Silver Stirrups program for 50+
LSU Eagles (our Veteran's Program)
Volunteering
Presentations
Field trips for churches or schools
Sponsoring rider or a horse
Nursing home visits with Horses

What is Therapeutic Riding?

Horseback riding is recognized as one of the most beneficial forms of therapy for individuals with physical disabilities. A horse's gait is similar to the motion of the human gait. Riding a horse increases muscle strength and flexibility and improves balance and mobility. The discipline of riding a horse also improves concentration and emotional control and creates a sense of independence.

What is Equine Therapy?

Equine therapy involves establishing and nurturing a relationship with a horse. Because Horses mirror the emotions of the people around them. Clients learn that their behavior affects others. By teaching a person how to work with a horse, we indirectly teach them how to apply the same skills in their personal relationships.

We truly believe in the power of the horse to change lives!