

Contact
Information

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Tiny Trotters Therapy Horses

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Let's Saddle Up
is proud to be located at
Solid Rock Stables 1907 Durbin
Road Fountain Inn, SC 29644

Mission Statement

"Let's Saddle Up enhances the lives
of military veterans, senior adults,
and children with physical, mental,
emotional, or social challenges by
using adaptive lessons with horses."



Therapeutic Horsemanship

"Saddle Up
And Follow Your Dreams"



LSU is a 501 (C) 3 Non-Profit

Let's Saddle Up

is a friendly, family-oriented riding program that caters to Special Needs children, Senior adults, and Veterans. We have safe successful horses for all our riders and provide a fun, encouraging environment.

We use trained volunteers with our riders to always maintain safety. LSU is nonprofit EAAT (Equine assisted activities therapy) center in Fountain Inn, SC

Our instructor is Sharron Dillard RN. She is a Certified Therapeutic Riding Instructor from Path Intl and Certified in Equine Assisted Therapies from Greg Kersten's -OK Corral.

LSU offers-

Volunteering
Therapeutic Riding
Therapies with horses
Silver Stirrups program for 50+
LSU Eagles (our Veteran's Program)

Tiny Trotters (miniature horse team) Offers-

"Just Say Whoa to Bullying Program"

Visits to nursing homes and schools, day cares and community events.

What is Therapeutic Riding?

Horseback riding is recognized as one of the most beneficial forms of therapy for individuals with physical disabilities. A horse's gait is like the motion of the human gait. Riding a horse increases muscle strength and flexibility and improves balance and mobility. The discipline of riding a horse also improves concentration and emotional control and creates a sense of independence.

What is Equine Therapy?

Equine Assisted Therapy involves establishing and nurturing a relationship with a horse. Because Horses mirror the emotions of the people around them. Clients learn that their behavior affects others. By teaching a person how to work with a horse, we indirectly teach them how to apply the same skills in their personal relationships.

"We honestly believe in the power of the horse to change lives! "